



## **Gail A. Blackwell Invitational**

**1308 Riegelwood Lane  
Columbus, Ohio 43204  
(614)805-9713**

Coach:

It is my pleasure to invite your team/club to the  
**Gail A. Blackwell Invitational**

This event will take place on Saturday, May 16, 2009 at Lima Stadium in Lima, Ohio.  
There will be **no on site registration or event changes the day of the meet.**

This will be a youth only meet for ages 6 to 19 (still in high school). We will have a Coaches/Parents 4x100 relay. No athletes! The winning team will receive a meet t-shirts.

Medals will be awarded for 1st to 3<sup>rd</sup> place winners and ribbons for 4<sup>th</sup> to 6<sup>th</sup> place winners. When completing the entry forms, be sure to enter your athletes in the correct age division as determined by age reached by the athlete as of December 31, 2009.

We will have vendors at the meet that will be selling track spikes and accessories, Meet T-shirts will also be sold.

We will be taking nominations for the "Pops Award". This award is dedicated to someone on your team who works very hard but is not recognized for his/her contributions. This can be a coach, parent, grand parent or volunteer. Please e-mail your nominations to Coach Blackwell by May 8<sup>th</sup>. I have to get the plaque engraved.

Thank you,

DeCarlo M. Blackwell , Meet Director

(614)805-9713

[blackwelldm@hotmail.com](mailto:blackwelldm@hotmail.com)



# Gail A. Blackwell Invitational

## Age Groups and Events

### **Primary –8&Under (born 2001-04)**

100m, 200m, 400m, 800m, 4x100 long jump and shot put

### **Bantam- 9-10 (1999-2000)**

100m-1500m, long jump, high jump, shot put, 4x100m, 4x400m

### **Midget- 11-12 (1997-1998)**

100m-3000m, 80m. hurdles, 4x100, 4x400, long jump, high jump, shot, discus.

### **Youth 13-14 (1995-1996)**

100m-3000m, 100 hurdles, 4x100, 4x400, long jump, high jump, shot and discus.

### **Seniors 15+ (1990-1994)**

100m-3000m, 100/110 hurdles, 4x100, 4x400, long jump, high jump, shot and discus.

## Order of Events

### **Running 9:15 a.m.**

3000m.  
100m. Semis (8 fastest times)  
80/100/110 Hurdles  
100m Finals  
1500m  
4x100m.  
400  
4x100 Coaches/Parents  
50m. Fun Run (1-5yrs)  
800m.  
200m.  
Sprint Medley 200,200,400,400

### **Field Events 8:30**

#### **3 Jumps/Throws**

**Boys LJ-** Seniors-Youth: mid,bant, prim  
Girls LJ: Sen-Youth; mid, bant, prim.  
**Boys/Girls HJ-** Bantam-Senior Girls  
Senior Boys- HJ  
**Boys Dis-** Midget-Youth, Sr  
**Girls Shot-** Primary- Bantam ,mid,yo,sr  
Girls Discus-Mid, youth then Seniors  
Boys Shot- Primary, bant, midg, yo, sr.

All events are timed finals except the 100m. Age groups may be combined for the 800 - 3000 meters.

**AAU Sanctioned Event- Must have AAU cards**